



MARKET INSIGHTS. **DISCIPLINE.** REAL PROGRESS.



DISCIPLINE



MACRO EVENTS



MARKET PSYCHOLOGY



STRATEGY &
EXECUTION

IN THIS ISSUE

01

TRADING PSYCHOLOGY

Discipline Over Strategy

02

MACRO MARKET FOCUS

Fed Decision, Earnings &
Key Market Drivers

03

COMPANY SPOTLIGHT

Apple's \$5 Trillion Milestone

PLUS

Trading Lessons, Market
Outlook & More

REAL INSIGHTS. REAL DISCIPLINE. REAL RESULTS.

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01 TRADING PSYCHOLOGY

DISCIPLINE OVER STRATEGY

95% of traders don't have a strategy problem—they have a discipline problem.

Many traders keep changing strategies after a few losses, searching for a “better” system. The truth is, it's not the strategy that fails—it's the lack of discipline, consistency, and emotional control.

OUR TAKE

“ The market doesn't reward the smartest trader. It rewards the most disciplined one. ”

KEY REMINDERS

- ✓ Follow one proven trading model
- ✓ Wait for confirmation, not prediction
- ✓ Never chase price
- ✓ Risk only what your plan allows
- ✓ Journal every trade



DISCIPLINE IS THE BRIDGE BETWEEN A GOOD PLAN AND A GREAT RESULT.

WHY DISCIPLINE MATTERS



Protects your capital



Improves decision making



Builds consistency



Creates long-term growth

COMMON DISCIPLINE MISTAKES



Overtrading



Ignoring risk management



Emotional decision making



Quitting too early



CONTROL YOUR EMOTIONS. MASTER YOUR TRADES.

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- Fed
- Tec
- Infl
- US
- Ris

02 MACRO MARKET FOCUS

WHAT'S MOVING THE MARKETS NOW

Global markets are focused on key events and data that can create major opportunities—and volatility.

KEY CATALYSTS THIS MONTH



Federal Reserve policy decision
(rate outlook & guidance)



Major tech earnings
(Microsoft, Apple, Amazon, Meta)



Dollar strength & bond yields



Gold volatility & safe-haven flows



Global risk sentiment &
geopolitical developments

WHAT TO WATCH
FOR THIS MONTH

- Fed press conference tone
- Tech earnings surprises
- Inflation & economic data
- USD strength
- Risk-on / Risk-off shifts

WHY TRADERS
SHOULD CARE

GOLD (XAUUSD)

Higher rates typically
strengthen USD and
pressure gold.
Dovish signals can
support gold.



NASDAQ & TECH STOCKS

Earnings from tech giants
can create sharp volatility
across indices and influence
global market sentiment.



**STAY FLEXIBLE. STAY INFORMED.
ADAPT TO MARKET CONDITIONS.**



**FOCUS ON WHAT YOU CAN CONTROL:
YOUR PLAN, YOUR RISK, YOUR DISCIPLINE.**



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03 COMPANY SPOTLIGHT

APPLE: \$5 TRILLION MILESTONE



Apple briefly reached a \$5 trillion market valuation, making it only the second company to hit this historic milestone.

At such a high valuation, there is little room for disappointing earnings or weaker guidance.

\$5
TRILLION
MILESTONE

TRADER LESSON

Big moves aren't driven only by earnings.
They're driven by:



EXPECTATIONS



MARKET
POSITIONING



FUTURE
GUIDANCE



INVESTOR
SENTIMENT

Always ask: What is already priced into the market?

OUR STORY SO FAR

Japji Trading Co started with a simple mission: share real trading knowledge built on discipline, price action, and real-world experience.

We're still at the beginning of our journey, but every step is guided by consistency, learning, and community.

Thank you to everyone who's following, learning, and growing with us.

Japji Singh

OUR WEBSITE

www.japjitrading.co.uk

- Learn our strategies
- Access free & premium content
- Stay updated with market insights
- Join our growing community



REAL JOURNEY.



REAL PROGRESS.



REAL IMPACT.



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SPECIAL MARKET UPDATE

XAUUSD

GOLD HITS NEW HEIGHTS

Gold (XAUUSD) continues its powerful rally, trading near record levels as global uncertainty, policy shifts, and strong demand support the uptrend.

XAUUSD LIVE PRICE**4,298.60****+68.40 (+1.62%)****RECENT HIGH****4,434.84****INTRADAY HIGH**

FED UNDER NEW LEADERSHIP

Kevin Warsh is the current Chair of the Federal Reserve. The Fed held rates steady at 3.50% - 3.75% at its July meeting, adopting a cautious, data-dependent stance.



RATE CUT EXPECTATIONS

Markets are now pricing in possible rate cuts later this year, supporting gold as a hedge against slower growth and inflation risks.



GEOPOLITICAL RISK

Ongoing global tensions, trade uncertainties, and elevated fiscal concerns continue to drive safe-haven demand.



STRONG GOLD DEMAND

Central banks, ETFs, and retail investors remain net buyers, reflecting strong long-term confidence in gold.

WHAT'S DRIVING GOLD HIGHER?



RATE CUT OUTLOOK

Increasing expectations of easier monetary policy are boosting gold's appeal.



WEAKER US DOLLAR

The US Dollar Index remains under pressure, giving gold more room to advance.



SAFE-HAVEN FLOWS

Investors continue to seek safety amid global economic and political uncertainties.



RECORD ETF INFLOWS

Gold ETFs have seen strong inflows for 6 consecutive weeks.

XAUUSD TECHNICAL OVERVIEW

**TREND: STRONG BULLISH****PRICE ACTION: MAKING HIGHER HIGHS & HIGHER LOWS**

KEY LEVELS

Resistance 1	\$4,340 - \$4,350
Resistance 2	\$4,450 - \$4,500
Support 1	\$4,180 - \$4,200
Support 2	\$4,050 - \$4,080

XAUUSD DAILY CHART**SUPPORT ZONE****SUPPORT ZONE**

WHAT TO WATCH NEXT?



FED SPEAKER KEVIN WARSH

Key speeches and signals on monetary policy will guide markets.



US ECONOMIC DATA

CPI (Aug 12), PPI (Aug 13) & Retail Sales (Aug 14) could increase volatility.



GLOBAL HEADLINES

Any escalation in geopolitical tensions can push gold even higher.



BREAKOUT WATCH

A clean break above \$4,320 could open the path toward \$4,450+.

TRADER NOTES

- ✓ Trend is your friend - stay on the right side.
- ✓ Buy pullbacks in a strong uptrend.
- ✓ Use proper risk management.
- ✓ Let the levels guide your entries & exits.

“Discipline in a strong trend is where consistent traders win.”



MARKET SNAPSHOT

Current Price	\$4,298.60
Daily Change	+1.62%
Weekly Change	+4.85%
Monthly Change	+9.75%
Trend Strength (D1)	Strong Bullish
Volatility	High
Overall Bias	Bullish

WHAT THIS MEANS FOR YOU

Gold is demonstrating exceptional strength as both fundamentals and technicals align. Focus on high-probability setups, respect key levels, and avoid emotional trading.

“Stay patient. Stay disciplined. The market rewards consistency.”

UPCOMING KEY EVENTS



US CPI DATA
Aug 12, 2026
High Impact



US PPI DATA
Aug 13, 2026
High Impact



US RETAIL SALES
Aug 14, 2026
High Impact



FOMC MINUTES
Aug 19, 2026
JACKSON HOLE SYMPOSIUM
Aug 27 - Aug 29, 2026
High Impact

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**Trend Strength (D1)** Strong Bullish**Volatility** High**Overall Bias** Bullish

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